

# Understanding Hairy Cell Leukemia

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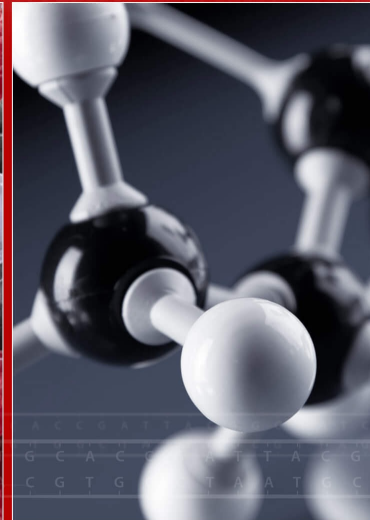
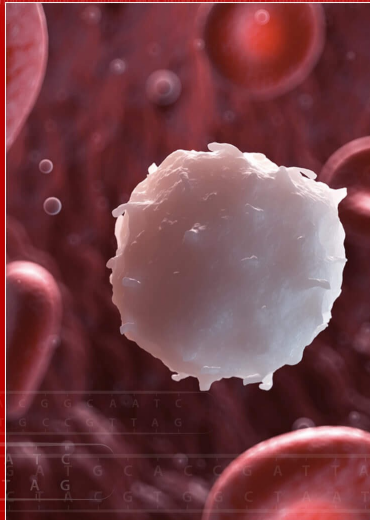
The Ohio State University

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# Disclosures

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# Hairy Cell Leukemia

- Type of chronic blood cancer
- The cells that become cancer cells are white blood cells called B-lymphocytes
- B-lymphocytes are immune system cells
- Described by two different groups as “leukemic reticuloendotheliosis”
  1. Gosselin GR, Hanlon DG, Pease GL. Leukaemic reticuloendotheliosis. Can Med Assoc J. 1956;74(11):886-891.
  2. Bouroncle BA, Wiseman BK, Doan CA. Leukemic reticuloendotheliosis. Blood. 1958;13(7):609-6



**Dr. Bertha Bouroncle**

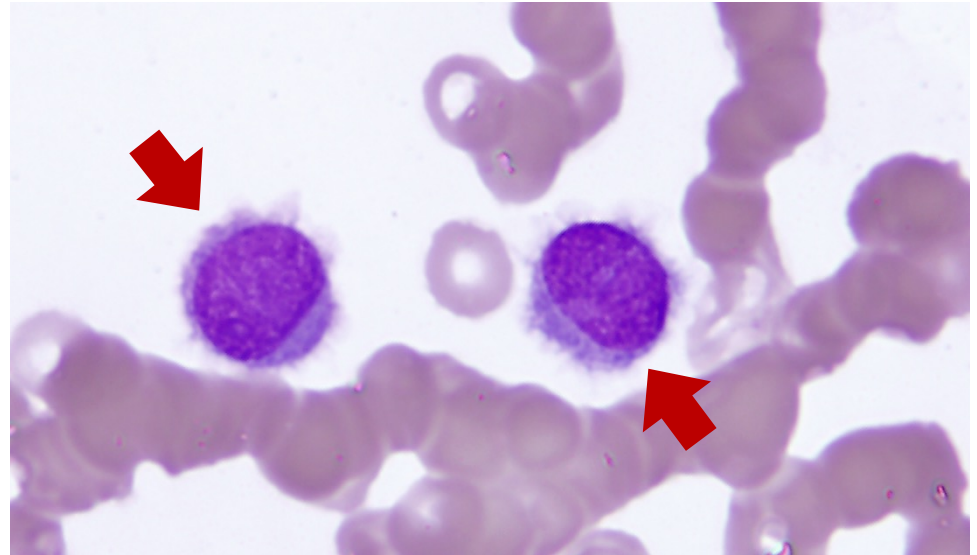
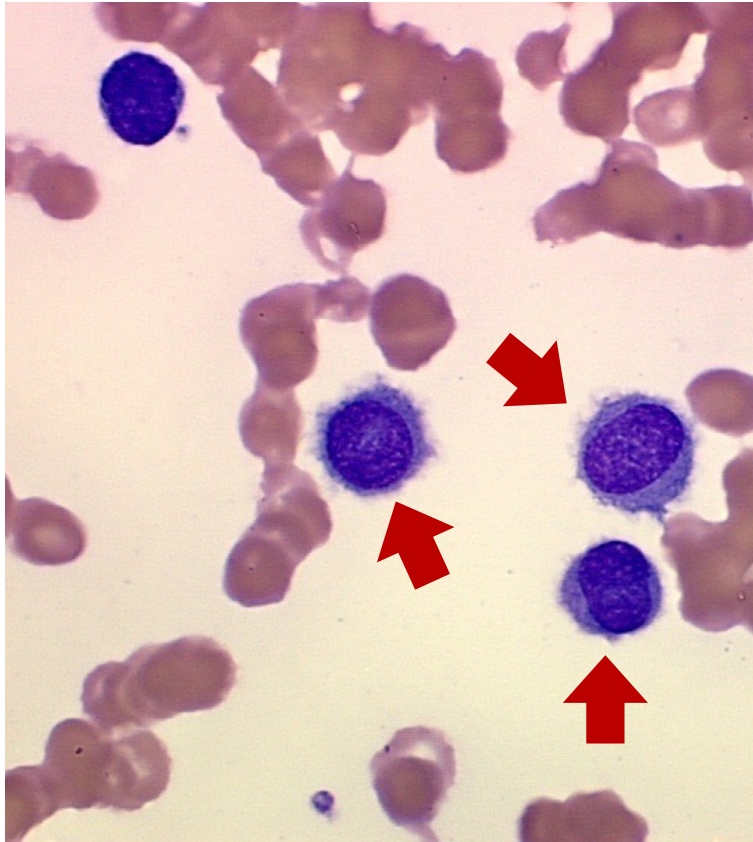
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# Diagnosis of Hairy Cell Leukemia

- Diagnoses requires verifying the presences of the leukemia cells
  - Usually requires a bone marrow biopsy
  - Leukemia cells are in the blood, bone marrow, lymph nodes, and spleen – *they can be elsewhere too*
- Leukemia cells identified by:
  - Morphology: appear as mature lymphocytes with cytoplasmic projections that look like hairs
  - Cell markers: CD19, CD20, CD11c, CD25, CD103, and CD123
- BRAF V600E mutation is found in classic hairy cell leukemia
- There is a variant form has a slightly different markers and mutations – *this has been recently reclassified*

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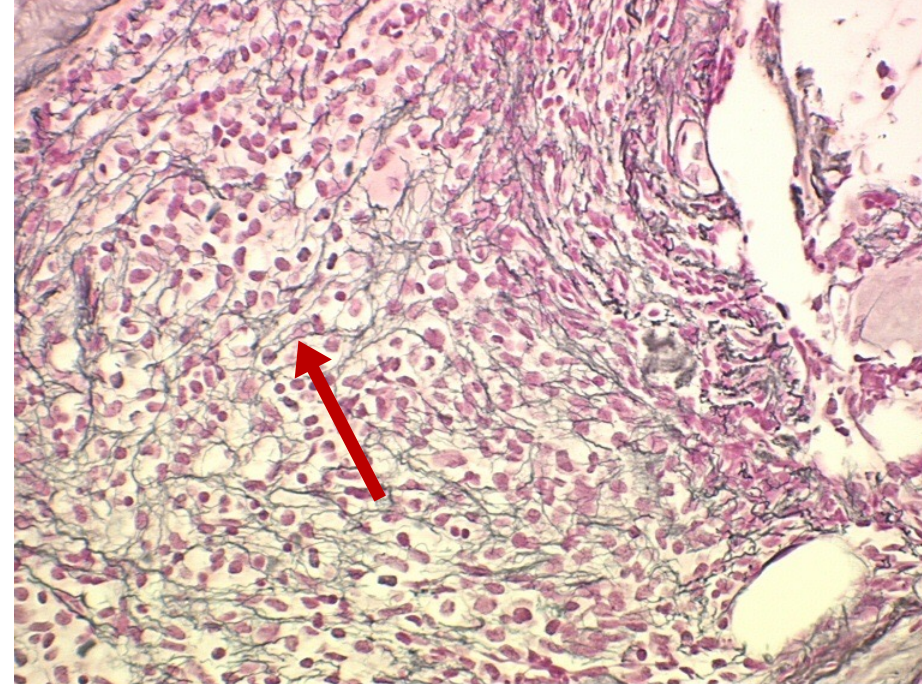
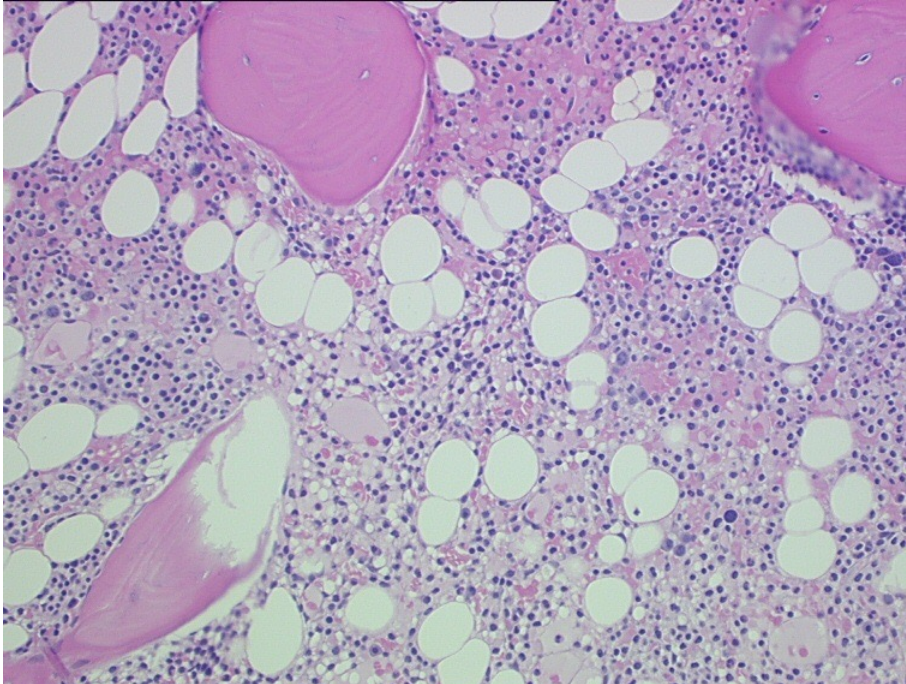
# Hairy Cell Leukemia in the Blood



Arrows show leukemia cells  
with hairy projections



# Hairy Cell Leukemia in the Bone Marrow



Arrow shows reticulin fibrosis common in hairy cell leukemia

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# Facts About Hairy Cell Leukemia

- Rare leukemia
  - ~2% of adult leukemias
  - ~1,100 new cases per year in the US
  - 0.3 new cases per 100,000 people/year
- Demographic of those experiencing hairy cell leukemia
  - Median age at diagnosis is 55 years
  - More common in men (4:1)
  - More common in white people
- Expected survival is decades and in most cases it does not shorten the natural lifespan

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# Clinical Features of Hairy Cell Leukemia

- Many people are diagnosed with no symptoms (asymptomatic)
- Causes low blood counts (cytopenias) due to marrow replacement with leukemia or marrow fibrosis
  - Low platelets (thrombocytopenia), RBCs (anemia), white blood cells (leukopenia), and/or neutrophils (neutropenia)
  - Particularly causes low monocyte counts (monocytopenia)
- Enlarged spleen, sometimes massively
- Enlarged lymph nodes or bone lesions
- Fatigue that limits usual activities
- Many people have an infection at time of diagnosis

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# When to Treat Hairy Cell Leukemia

- Treatment is only needed when there is something to improve
  - ~ 10% of people do not need treatment at diagnosis
  - Early treatment has side effects with no known benefit
- Standard treatment indications:
  - 1) Low blood counts
    - Absolute neutrophil count <1,000 /uL
    - Hemoglobin <10-11 g/dL
    - Platelet count <100,000 u/L
  - 2) Spleen enlargement that is massive or symptomatic
  - 3) Enlarged lymph nodes or bone lesions that are causing issues
  - 4) Constitutional symptoms interfering with daily life

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# Considerations When Starting Treatment

- Bone marrow biopsy is helpful to determine baseline
- Assessment of general health, kidney, and other organ function
- Presence of infection
  - Active or chronic infection or history of opportunistic infection
  - Special planning is required when treating people with infection
- Disease symptoms or features (e.g. need for transfusions)
- Patient preferences about treatment
  - Administration schedule and duration
  - Side effects

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# Treatment Options for Hairy Cell Leukemia

- Purine nucleoside analogs (cladribine and pentostatin)
  - Most commonly used treatment
  - Can be given multiple times
  - Sometimes used with anti-CD20 antibodies
- Treatments beyond purine analogs
  - BRAF inhibitors: Vemurafenib, dabrafenib
  - BTK inhibitors: Ibrutinib, acalabrutinib, zanubrutinib
  - Moxetumomab Pasudotox (not currently available)
- Older treatments with value in select cases
  - Interferon
  - Splenectomy

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# Purine Nucleoside Analogs

- Drugs that interfere with DNA synthesis
- Two agents used in HCL with similar disease outcomes
- Different administration schedules

## Cladribine

- 0.1 mg/kg CIV daily x7 days
- 0.14 mg/kg IV daily x5 days

## Pentostatin

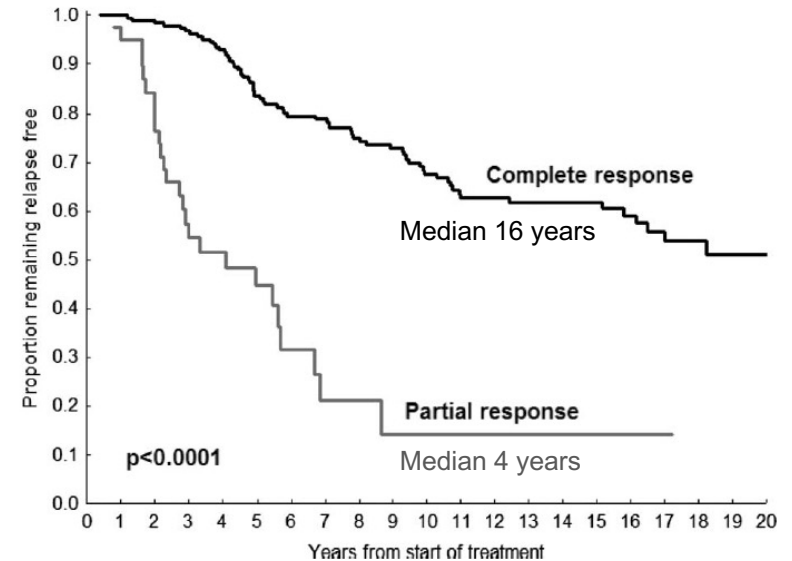
- 4 mg/m<sup>2</sup> IV q2 weeks until remission

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# Outcomes with Purine Nucleoside Analogs

- High remission rates (~80% complete remission)
- Results in 2-10+ years of remission
- Median time to next treatment is 7-8 years
- No major differences in outcomes between cladribine and pentostatin
- *Changed survival from ~4 years to near normal life expectancy*

Relapse-Free Survival After Initial Treatment with Cladribine or Pentostatin



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# CDAR: Cladribine and Rituximab

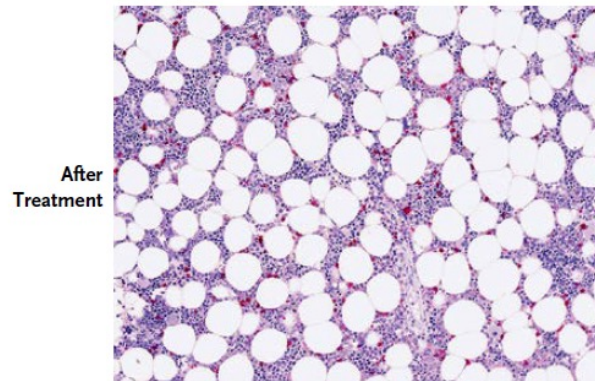
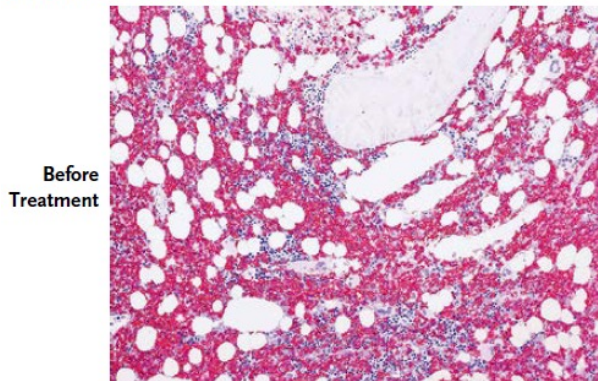
- Randomized phase 2 study comparing cladribine with rituximab to cladribine with delayed rituximab
  - Same 5 day cladribine dose
  - Rituximab given weekly for 8 weeks starting with cladribine
- Higher rates of complete response and undetectable leukemia were seen with CDAR (100% vs 88% and 97% vs 24%)
- At 96 months median follow-up, 94% versus 12% had undetectable leukemia
- So far no differences in clinical relapses or survival were seen as patients all did well for a long time

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# Vemurafenib

- Rapidly clears disease in classic hairy cell leukemia
- Given as a pill for less than 6 months (usually)
- ORR high (96-100%), relapse-free survival short (median 9 months)
- Very useful in cases of infection when treatment is needed

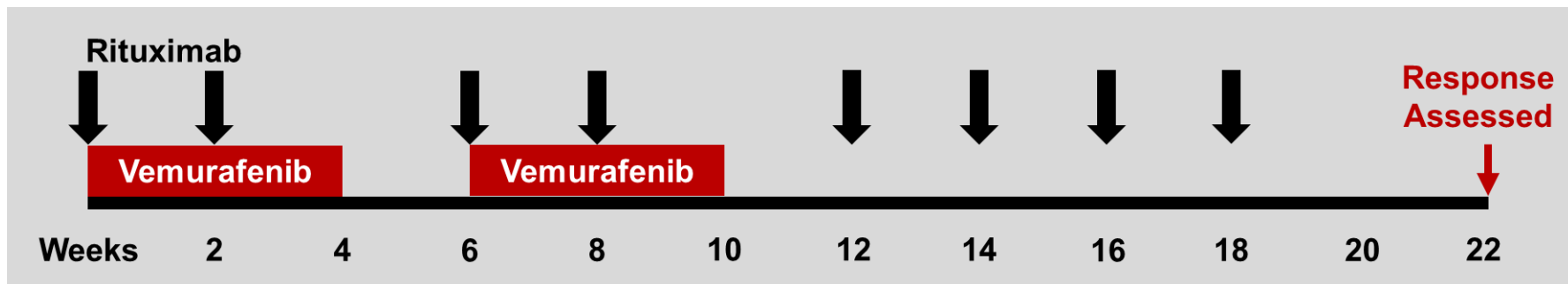
Bone Marrow–Biopsy Specimen with CD20 Immunostaining



# Vemurafenib and Rituximab

- Phase 2 study aimed at improving durability of remissions
- Vemurafenib given in 2 short courses
- Rituximab given with and after vemurafenib

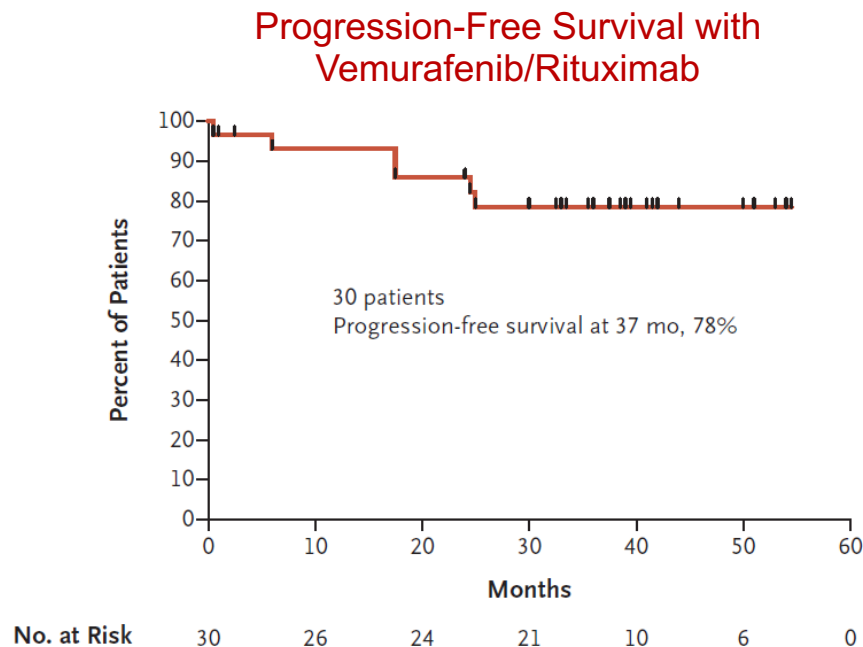
## Study Treatment Diagram



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# Remissions with Vemurafenib and Rituximab are Durable

- 87% of patients had a response
- Rapid improvement in blood counts
  - Platelets 2 weeks
  - Neutrophils 4 weeks
- Longer remissions were seen if:
  - Leukemia was not detectable after treatment
  - Patients had not had prior BRAF inhibitor treatment



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# Ibrutinib

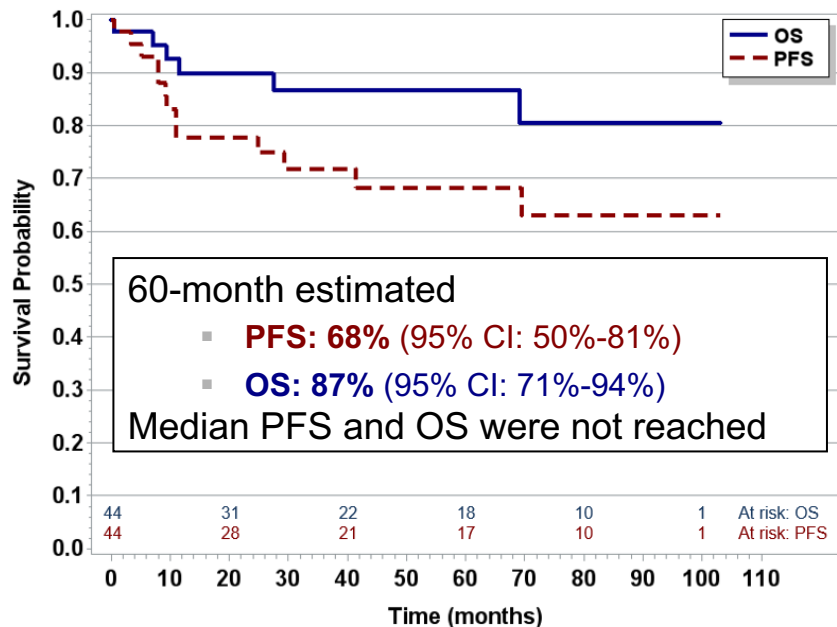
- Targets and inhibits Bruton's Tyrosine Kinase (BTK) in B-cells
- Effective in several B-cell cancers (CLL, MCL, MZL, WM)
- Oral agent (pill) given indefinitely
- Tested in a multisite NCI/CTEP sponsored phase 2 study
- Not approved in hairy cell leukemia but can be used “off-label”
- Good amount of experience in variant HCL (27% of patients)

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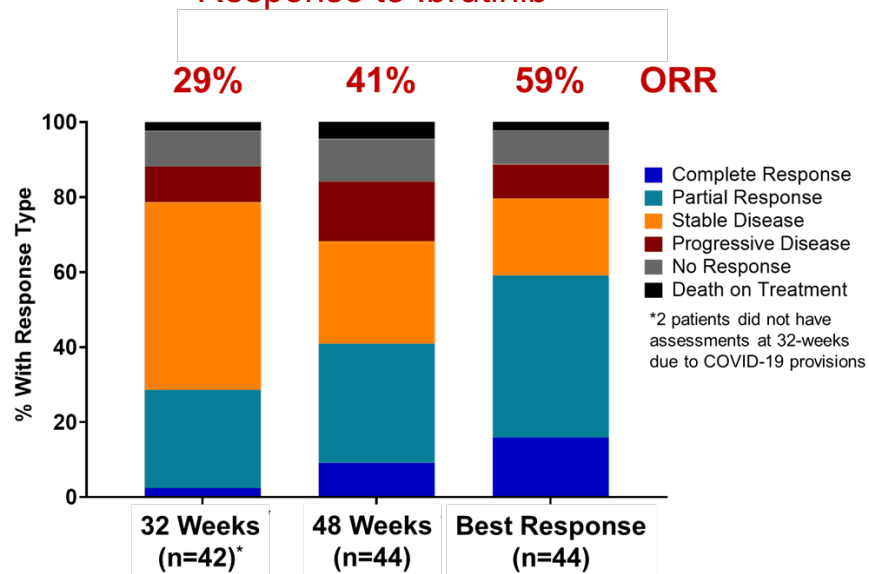


# Outcomes with Ibrutinib

## Progression-Free and Overall Survival with Ibrutinib



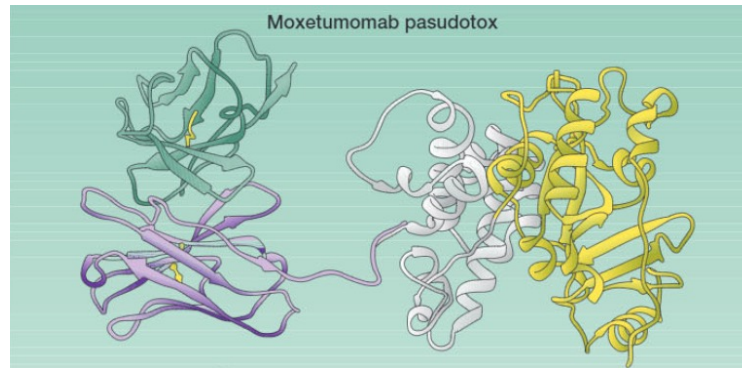
## Response to Ibrutinib



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# Moxetumomab Pasudotox

- Antibody-drug conjugate with CD22 immunoglobulin fused with a truncated *Pseudomonas* endotoxin
- IV therapy given 3 days (M,W,F) one week a month for 6 months
- Was FDA Approved for treatment of HCL after  $\geq 2$  prior treatments
- Removed from market by AstraZeneca for business reasons

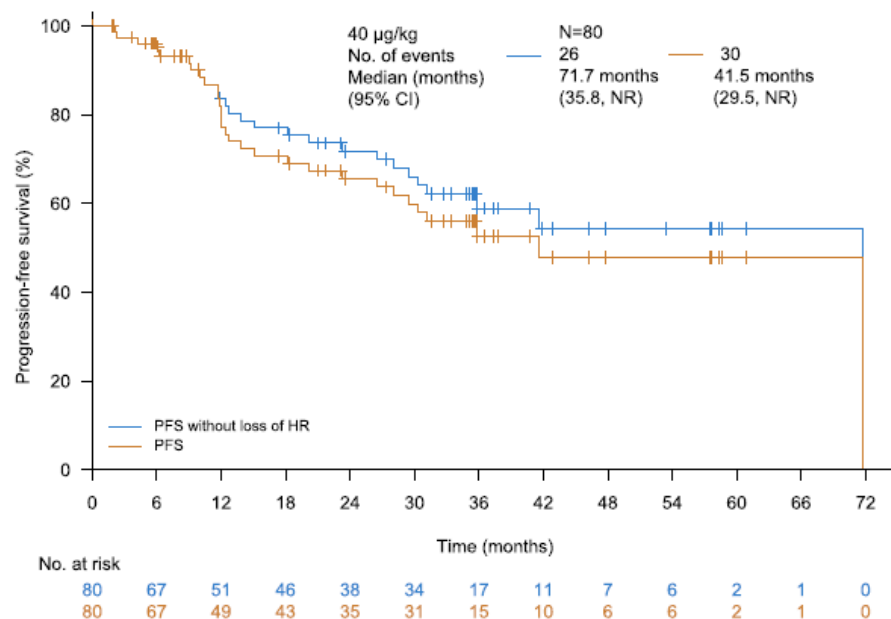


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# Outcomes with Moxetumomab Pasudotox

- 75% of patients had a response
  - 41% complete remission
  - 36% complete remission lasting >180 days
  - 33% complete remission lasting ≥360 days
- Can cause capillary leak syndrome (CLS) & hemolytic uremic syndrome (HUS)

## Progression-Free Survival after Moxetumomab



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# Treatment of Hairy Cell Leukemia in 2023

- Purine analogs remain the standard initial therapy HCL
  - May consider adding rituximab (with initial or repeat treatment)
  - Can be repeated at relapse/next treatment
- Good options exist for patients where purine analogs are unsuitable

Agent	Mechanism	ORR	Durability	Special Considerations
<b>Moxetumomab pasudotox</b>	Antibody-drug Conjugate	75%	MRD dependent	Unusual toxicities
<b>Vemurafenib +Rituximab</b>	BRAF inhibitor (anti-CD20 antibody)	96-100% 87%	1 year PFS = 73% 37 mo PFS = 78%	Requires BRAF p.V600E mutation
<b>Ibrutinib</b>	BTK inhibitor	54%	36 mo PFS = 73%	Useful in the variant

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# Health Maintenance for People with Hairy Cell Leukemia

- Higher risk of infections and second cancers
  - Recommend all age and risk appropriate cancer screenings
  - Skin cancer screening is important
  - Vaccination for pneumococcal pneumonia, influenza, COVID-19, RSV, and other infections (avoid live vaccines)
- Long-term side effects from treatment
  - Immunosuppression (particularly with purine analogues)
  - Neurotoxicity
  - Side effects from newer targeted agents
- As leukemia survival is good and other health risks matter!

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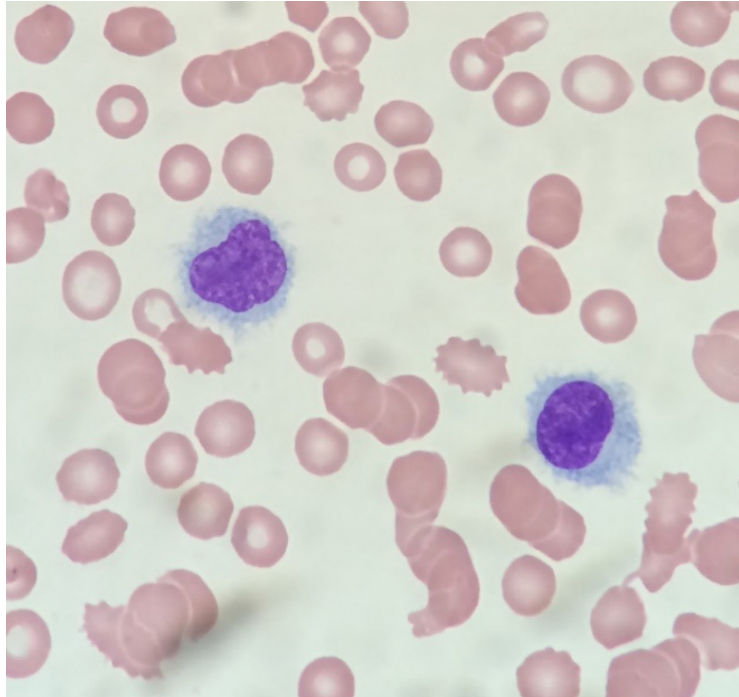


# Current Clinical and Research Questions

- What is the optimal treatment of classic hairy cell leukemia?
  - Should anti-CD20 antibodies (e.g. rituximab) be used concurrently with cladribine as initial treatment?
  - Is chemotherapy necessary? For which patients?
- What about the variant of hairy cell leukemia?
  - How should it be classified?
  - What are the best treatments?
- How should other aspects of health be supported?
- How does living with hairy cell leukemia impact quality of life?

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# Thank you for your attention! Questions?



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